

Cyberbullying Resources

Books and Articles

- Bolton, Jose, ed. 2005. No Room for Bullies: From the Classroom to Cyberspace, Teaching Respect, Stopping Abuse, and Rewarding Kindness. Boys' Town, NE: Boys' Town Press.
- Franek, Mark. 2005. Foiling Cyberbullies in the New Wild West. Educational Leadership 63: 39–43.
- Garbarino, James and Ellen deLara. 2003. Words Can Hurt Forever. Educational Leadership 60:18–21.
- Jackson, Camille. 2006. E-Bully. Teaching Tolerance Magazine, no. 29 (Spring 2006), <http://www.tolerance.org/teach/magazine/features.jsp?is=38&ar=653> (accessed January 2008).
- Kowalski, R.M., Limber, S.P., and Agatston, P.W. 2008. Cyber Bullying: Bullying in the Digital Age. Hoboken, NJ: Wiley, John & Sons, Incorporated.
- UNICEL and the Empower Program. Stand Up: What Every Parent Needs To Know About Cyberbullying. UNICEL, <http://www.unicel.com/standup/pdf/StandUpGuide.pdf> (accessed January 2008).
- Willard, Nancy. 2006. Cyberbullying and Cyberthreats: Responding To the Challenge of Online Social Cruelty, Threats, and Distress. Eugene: Center for Safe and Responsible Internet Use.
- Willard, Nancy. 2007. Cyber-Safe Kids, Cyber-Savvy Teens: Helping Young People Learn to Use the Internet Safely and Responsibly. Hoboken, NJ: Jossey-Bass.
- Willard, Nancy. 2007. An Educator's Guide to Cyberbullying and Cyberthreats. Center for Safe and Responsible Internet Use, <http://www.cyberbully.org/docs/cbcteducator.pdf> (accessed January 2008).
- Williams, Dana. 2006. Cyberbullying: One Family's Story. Tolerance.org (April 28, 2006), <http://www.tolerance.org/teach/current/event.jsp?&ar=669> (accessed January 2008).
- Williams, Dana. 2006. Talk To Kids About... Cyberbullying" Tolerance.org (April 2006). <http://www.tolerance.org/parents/kidsarticle.jsp?&ar=46> (accessed January 2008).

Videos

- Adina's Deck. Debbie Heimowitz, 2007, 30 min. <http://www.adinasdeck.com>
This interactive "choose your own adventure" television pilot series geared towards girls 9-14 concerns four tech-savvy characters with experiences in cyberbullying who now help their friends on the Internet.
- Cyberbullies. Monmouth Junction, NJ: Meridian Education Corporation, 2006, 19 min. <http://www.films.com/id/12607/Cyberbullies.htm>
This 19-minute video uses dramatizations and Q & A discussions to expand awareness of the issue of cyberbullying. Topics discussed include cyberbullying warning signs, common patterns of abuse, strategies for responding when cyberbullying occurs and legal problems involving privacy and libel.

- Cyberbullying Prevention Public Service Announcements. National Crime Prevention Council, 2007
<http://www.adcouncil.org/default.aspx?id=42>
The NCPC's cyberbullying prevention campaign features several audio and video spots, all under a minute in length, that target 12 and 13-year-olds, particularly girls. They promote the message, "if you wouldn't say it in person, you shouldn't say it online" and urge viewers to put an end to the cyberbullying chain.
- Let's Fight it Together. Childnet; Department for Children, Schools and Families, 2007, 7 min.
<http://www.digizen.org/cyberbullying/fullFilm.aspx>
This film, available via the Internet, was produced in the United Kingdom to help sensitize young people to the pain and hurt which can be caused by cyberbullying.
- PRIMETIME: Cyberbullying - Cruel intentions. Howell, MI: ABC News, 2006, 40 min.
<http://www.abcnewsstore.com>; <http://abcnews.go.com/Primetime/story?id=2421562&page=1>
Diane Sawyer reports on how cell phones, digital cameras and personal Web sites combine in new ways that seems to encourage and amplify the meanness of teenage behavior.
- Stop Bullying...Take A Stand! NY: Castle Works, Inc., 2005, 30 min.
http://www.pbs.org/inthemix/shows/show_bullying.html
Hosted by Miss America 2003, herself a victim of severe harassment, this program presents a multifaceted approach to preventing bullying, as well as providing help to targets, parents and bystanders. One segment focuses on cyberbullying, with an AOL consumer advisor giving parents and teens advice about how to deal with online harassment;

Statistics & Research Studies

- Hinduja, S. and Patchin, J. 2008. Offline Consequences of Online Victimization: School Violence and Delinquency. *Journal of School Violence* 6 (3) (2008): 89-112.
- Hinduja, S. and Patchin, J. 2008. Cyberbullying: An Exploratory Analysis of Factors Related to Offending and Victimization. *Deviant Behavior* 29 (2).
- Kowalski, R.M., and Limber, S.P. 2007. Electronic Bullying Among Middle School Students. *Journal of Adolescent Health* 41: S22–S30.
- Lenhart, A. 2007. Cyberbullying and Online Teens. Pew Internet and American Life Project.
- Li, Q. 2007. New Bottle but Old Wine: A Research of Cyberbullying in Schools. *Computers in Human Behavior* 23:1777–1791.
- Opinion Research Corporation. 2006. Cyber Bully – Teen and Cyber Bully Pre-Teen. Princeton: Opinion Research Corporation, <http://www.fightcrime.org/cyberbullying/index.php> (accessed January 2008).
- Patchin, J.W., and S. Hinduja. 2006. Bullies Move beyond the Schoolyard: A Preliminary Look at Cyberbullying. *Youth Violence and Juvenile Justice* 4:148–169.
- Teenage Research Unlimited. 2006. Teen Internet Safety Survey. Alexandria, VA: National Center for Missing & Exploited Children and Cox Communications.
- Wolak, J., K. Mitchell, and D. Finkelhor. 2006. Online Victimization of Youth: Five Years Later. Alexandria, VA: National Center for Missing & Exploited Children, http://www.missingkids.com/en_US/publications/NC167.pdf (accessed January 2008).

Online Resources: Websites on Cyberbullying and Online Safety

- Anti-Defamation League
<http://www.adl.org/education/cyberbullying>
Provides information on in-school workshops and tips for responding to cyberbullying.
- Center for Safe and Responsible Internet Use
www.csriu.org
Provides effective strategies to assist young people in developing the skills to behave in a safe, responsible and legal manner when using the Internet.
- Cyberbullying.org
www.cyberbullying.org
Provides resources to combat online social cruelty among students. Grade levels 6–12.
- Cyberbullying.us
www.cyberbullying.us
Explores the causes and consequences of online harassment; includes fact sheets and resources.
- Cybersmart!
<http://www.cybersmart.org/profile/>
Provides online professional development and free curricular resources on cyber safety, Internet ethics, creativity and critical thinking.
- i-SAFE
www.isafe.org
A non-profit foundation that incorporates classroom curriculum with community outreach to empower students, teachers, parents and law enforcement to make the Internet a safer place.
- NetSmartz
<http://www.netsmartz.org>
Run by The National Center for Missing & Exploited Children; offers information and resources on Internet safety for educators, parents/guardians, teens, younger children and law enforcement.
- Partners Against Hate
www.partnersagainsthate.org
Provides a downloadable guide for educators and parents on teaching Internet safety skills.
- Stop Bullying Now! Information, Prevention, Tips and Games
www.stopbullyingnow.org
Provides resources and tools as part of the Take a Stand, Lend a Hand, Stop Bullying Now campaign.
- Stop Cyberbullying
www.stopcyberbullying.org
Provides definitions, strategies and legal considerations relating to cyberbullying.
- Wired Kids, Inc.
www.wiredkids.com
Dedicated to protecting Internet users from cybercrime and abuse, and teaching responsible Internet use; operates several programs and sites, including Cyberlawenforcement.org, InternetSuperHeroes.org, NetBullies.com, Teenangels.org, WiredKids.com, WiredKids.org and WiredSafety.org.