

Women's History Month

"Valiant Women of the Vote" – Susan B. Anthony, Sojourner Truth, Ida B. Wells, Alice Paul, Jeannette Rankin and many others.



Women's History Month Resources

Women's History Month is a time to honor ordinary and extraordinary women, explore women's achievements and struggles throughout history, and acknowledge women's contributions to our society. The 2021 theme for Women's History Month is "Valiant Women of the Vote: Refusing to Be Silenced."

Women's History Month is an excellent time to talk with students about gender stereotypes and bias, hail important women in history, discover more about women's issues and their fight for equity, read literature that celebrates women

and girls, analyze sexism and explore its causes and solutions. As with other similarly themed months, it is important not to isolate exploration of women's history and culture into one month during the year. Women's history is U.S. history and should be integrated into the curriculum throughout the school year.

Below is a list of K-12 curriculum and other educational resources to bring Women's History Month to your classrooms and schools.

Lesson Plans on Notable Women and Women's History in General

LESSON PLAN

7 Ideas for Teaching Women's History Month

ELEMENTARY SCHOOL, MIDDLE SCHOOL, HIGH SCHOOL

7 Ideas for teaching Women's History Month that broaden students thinking about the experience of women and gender in all of its complexity.



Michelle Garratt, San Marcos High School

LESSON PLAN

Mo'Ne Davis and Gender Stereotypes

ELEMENTARY SCHOOL

In 2014 Mo'Ne Davis, a 13-year-old girl, made news headlines as the first girl to ever pitch a shutout in the Little League World series. Explore with elementary students

gender stereotypes about sports and in other areas of their lives.



AP Photo/Gene J. Puskar

LESSON PLAN

Role Models and Stereotypes: Misty Copeland's Story

ELEMENTARY SCHOOL

This lesson provides an opportunity for elementary students to learn about Misty Copeland, reflect on her experiences and story and explore how stereotypes and role models influence career aspirations and decisions.





Kent G. Becker / CC BY-NC-ND 2.0

LESSON PLAN

Who is Malala Yousafzai?

MIDDLE SCHOOL

This lesson provides an opportunity for students to learn about Malala Yousafzai, why she won the Nobel Peace Prize and to explore activism projects to address areas of injustice they see in the world.



Russell Watkins/Department for International Development

LESSON PLAN

Harriet Tubman on the \$20 Bill: The Power of Symbols

This lesson provides an opportunity for students to learn about the sweeping changes in U.S. currency, analyze the role of symbols and their impact and articulate their own opinions about the importance of symbols and symbolic gestures in our society.



LESSON PLAN

Shirley Chisholm: Unbought, Unbossed and Unforgotten

HIGH SCHOOL

A lesson plan that pays tribute to the life and accomplishments of Shirley Chisholm, a civil rights leader and the first African American woman elected to Congress.





LESSON PLAN

Representing the People: Diversity and Elections

MIDDLE SCHOOL, HIGH SCHOOL

This lesson plan helps 8-12 grade students explore and understand the current landscape of elected officials and Presidential hopefuls and how the 2018 midterm election broke records and barriers regarding diversity.



LESSON PLAN

Women's Suffrage, Racism and Intersectionality

HIGH SCHOOL

August 2020 marks the centennial anniversary of the 19th Amendment giving women the right to vote. Help high school students understand how racism played a role in Black women being excluded from the right to vote.



Courtesy of the New York Public Library

Lesson Plans on Sexism and Women's Equity

LESSON PLAN

Moving Beyond Gender Barriers in Our Lives

ELEMENTARY SCHOOL, MIDDLE SCHOOL, HIGH SCHOOL

In this multi-grade unit, students explore gender stereotypical beliefs, assumptions about job roles, gender segregation and pay inequality in the workplace.





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LESSON PLAN

Toys and Gender

PRESCHOOL, ELEMENTARY SCHOOL

This lesson will give students the opportunity to learn about and reflect on how toys are influenced by gender stereotypes and how children and their families are impacted by those messages.



iStockphoto.com

LESSON PLAN

What "Draw-A-Scientist" Reveals about Gender Stereotypes

Research indicates scientist were almost all men in children's drawings. Teach elementary students how to challenge these gender norms and stereotypes.



NASA-JPL/Caltech

LESSON PLAN

School Lunch Policy: Kids Can Make a Difference

ELEMENTARY SCHOOL

This lesson provides an opportunity for elementary students to learn more about Henry and Henriette James' actions that led to the change in school policy, explore their own opinions about gender norms/separating children by gender and write a persuasive essay about a school policy/rule they want to change.





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LESSON PLAN

The Gender Allowance Gap

ELEMENTARY SCHOOL

Could there really be a “gender gap” between what boys and girls earn for allowance? Elementary students explore the reasons for the gap and conduct their own survey.



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LESSON PLAN

Soccer, Salaries and Sexism

MIDDLE SCHOOL

Teach middle school students about "institutionalized gender discrimination" and the impact of Title IX through the perspective of the U.S. Women's Soccer Team's lawsuit against the U.S Soccer Federation.



Jamie Smed / CC BY 2.0

LESSON PLAN

Stereotypes of Girls and Women in the Media

MIDDLE SCHOOL, HIGH SCHOOL

A two-part lesson that provides middle and high school students an opportunity to critically examine certain media forms and their portrayals of women and girls.





LESSON PLAN

Is Olympic Coverage Sexist?

MIDDLE SCHOOL, HIGH SCHOOL

This lesson provides an opportunity for middle and high school students to learn more about the 2016 Olympics, reflect on what they've seen and heard and assess the extent to which there is sexism and stereotypes in the coverage of the 2016 Olympics.



Chan-Fan

LESSON PLAN

Student Dress Codes: What's Fair?

MIDDLE SCHOOL, HIGH SCHOOL

This lesson provides an opportunity for middle and high school students to reflect on their own opinions regarding student dress codes, identify school and students needs and perspectives and design their own dress codes that satisfy both student and school needs.



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LESSON PLAN

Sexism and the Presidential Election

HIGH SCHOOL

This high school lesson gives students the opportunity to analyze gender bias in presidential elections and explore how sexism surfaces during campaigns, past and present.





LESSON PLAN

The Gender Wage Gap

HIGH SCHOOL

This lesson provides an opportunity for students to reflect on their own opinions about sexism, understand the gender pay gap and its various manifestations and consider ways that it can be overcome.



Bigstock

LESSON PLAN

Is Gaming a Boy's Club?: Women, Video Games and Sexism (En español)

This advanced lesson provides high school students an opportunity to learn more about the world of video games and understand how sexism and misogyny are perpetuated in gaming.



Anita Sarkeesian / CC BY-NC 2.0

Children's Literature with Educator and Parent Discussion Guides and Other Books

[BLOG](#)

11 Picture Books to Read for Women's History Month

A Women's History Month picture book round up to explore the history, accomplishments and stories of girls and women.

WOMEN'S HISTORY MONTH



ADL

CHILDREN'S LITERATURE

Shaking Things Up: 14 Young Women Who Changed the World

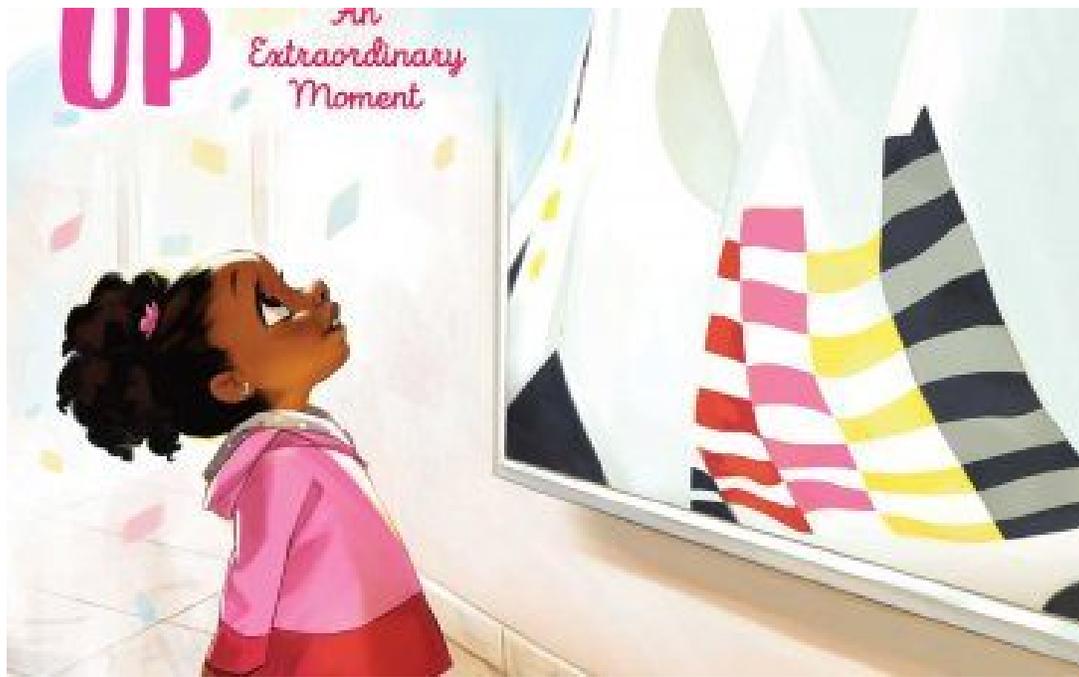
This book introduces fourteen revolutionary young women—each paired with a noteworthy female artist—to the next generation of activists and trail-blazers.



CHILDREN'S LITERATURE

Parker Looks Up: An Extraordinary Moment

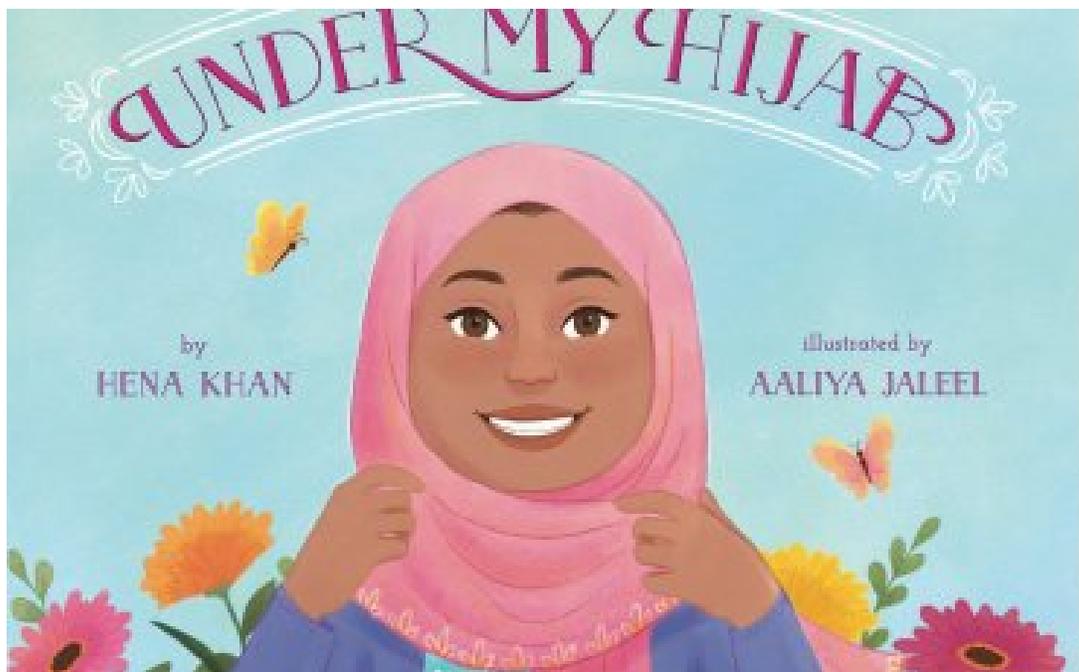
When Parker Curry came face-to-face with the portrait of First Lady Michelle Obama at the National Portrait Gallery, she didn't just see the First Lady of the U.S. She saw a queen—one with dynamic self-assurance, regality, beauty, and truth who captured this young girl's imagination.



CHILDREN'S LITERATURE

Under My Hijab

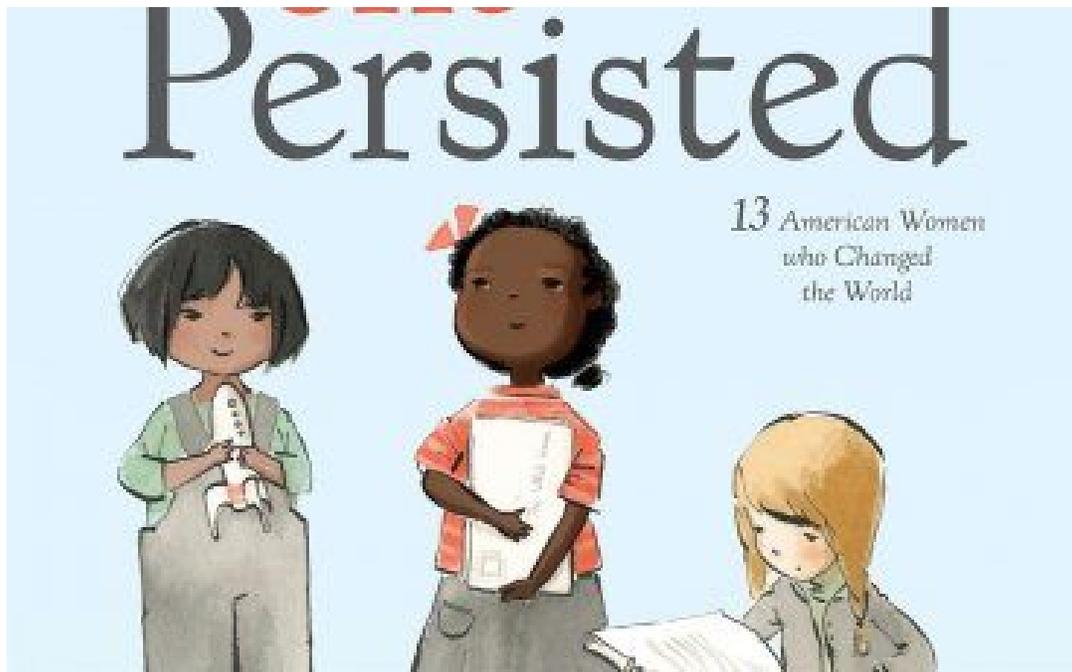
As a young girl observes six very different women in her life who each wear the hijab in a unique way, she also dreams of the rich possibilities of her own future, and how she will express her own personality through her hijab.



CHILDREN'S LITERATURE

She Persisted: 13 American Women Who Changed the World

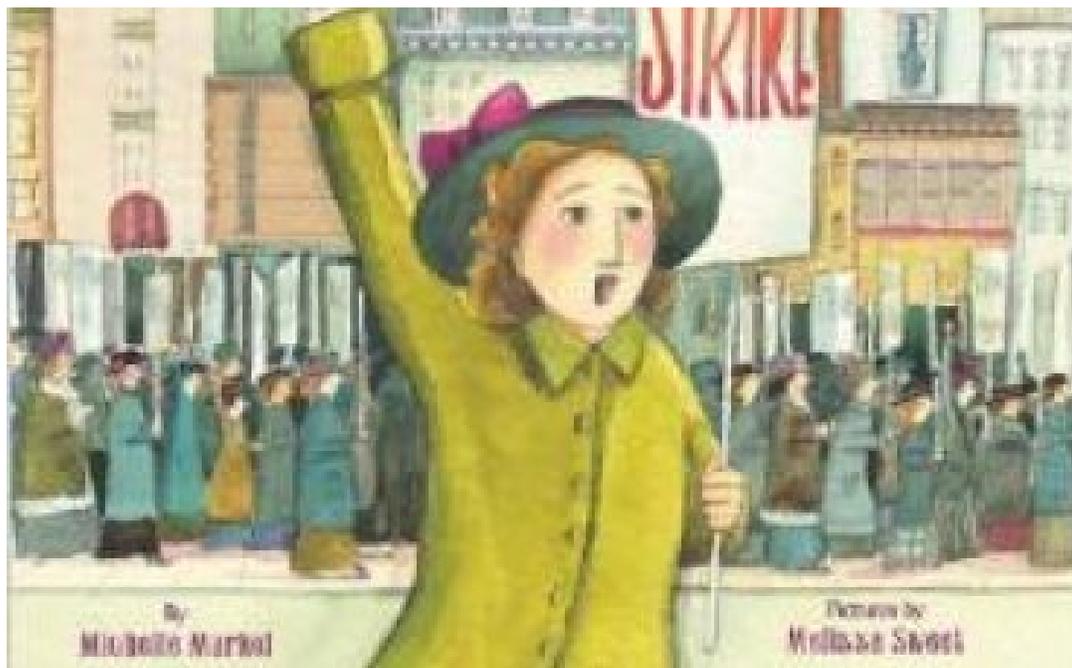
Throughout U.S. history, there have always been women who have spoken out for what's right, even when they have to fight to be heard.



CHILDREN'S LITERATURE

Brave Girl: Clara and the Shirtwaist Makers' Strike of 1909

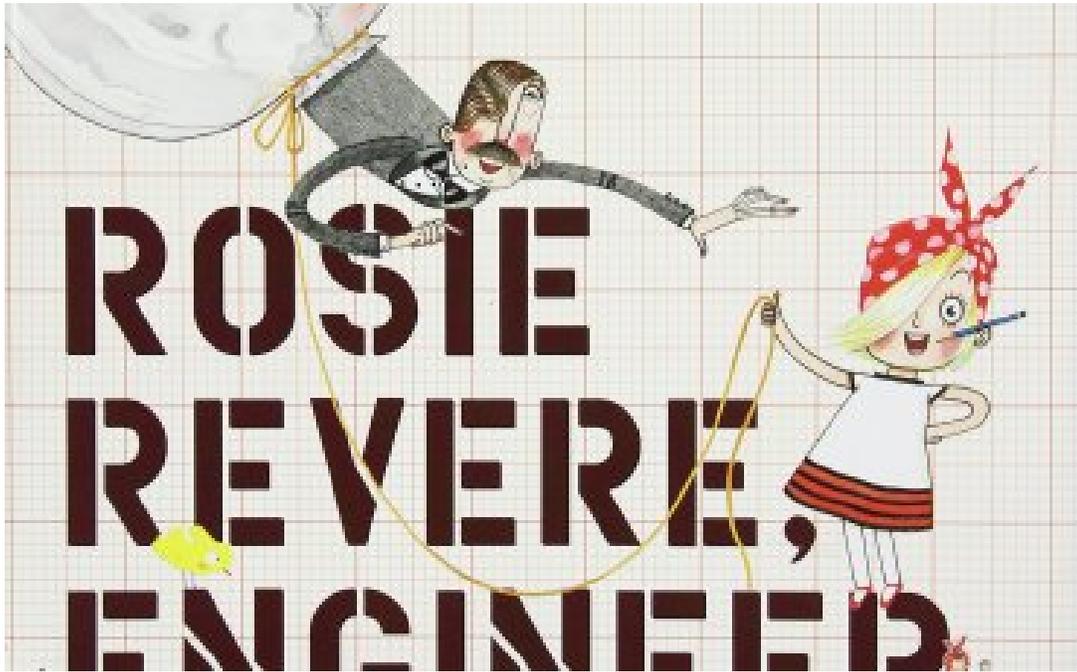
This book tells the true story of Clara Lemlich, a young Ukrainian immigrant who led the largest strike of women workers in U.S. history.



CHILDREN'S LITERATURE

Rosie Revere, Engineer

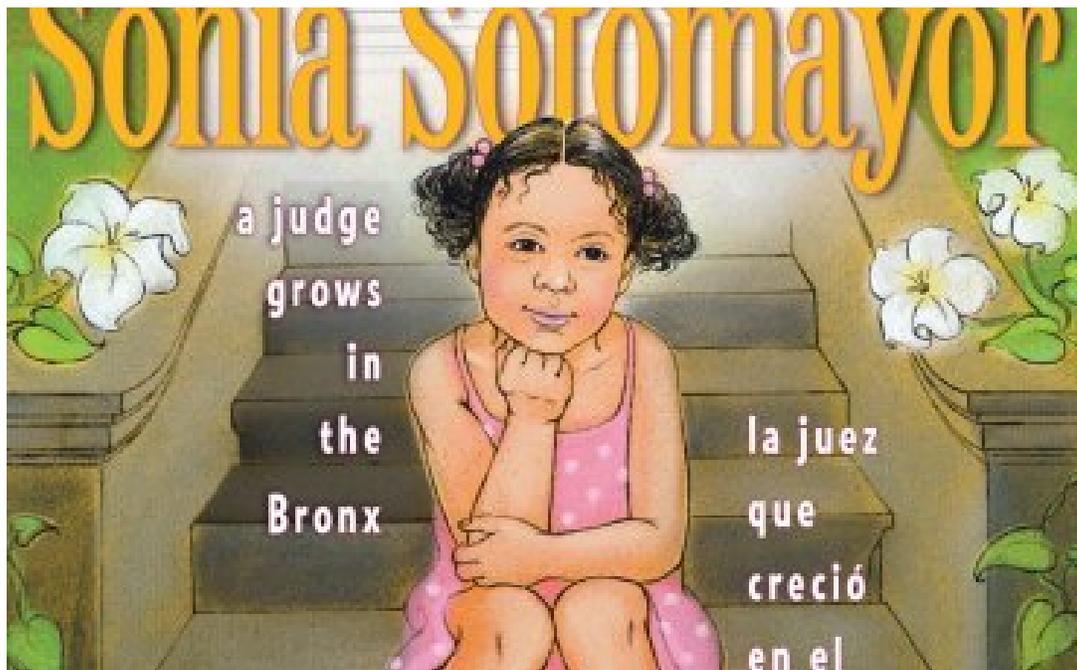
Rosie may seem quiet during the day, but at night she's a brilliant inventor of gizmos and gadgets who dreams of becoming a great engineer.



CHILDREN'S LITERATURE

Sonia Sotomayor: A Judge Grows in the Bronx

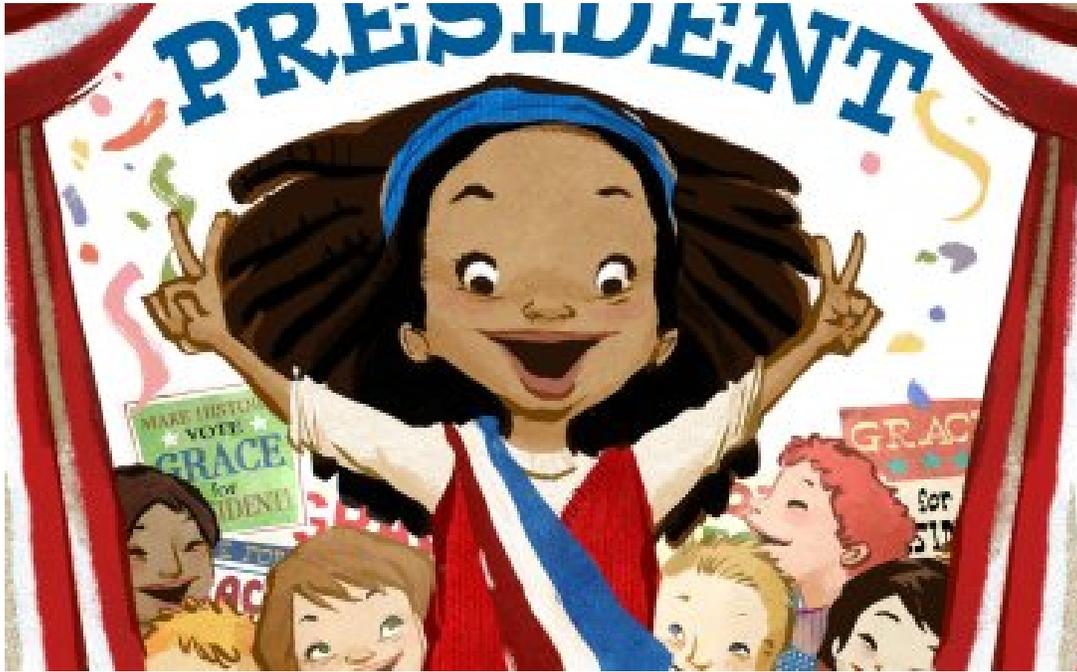
Before Supreme Court Justice Sonia Sotomayor took her seat in our nation's highest court, she was a little girl in the South Bronx.



CHILDREN'S LITERATURE

Grace for President

When Grace's teacher reveals that the United States has never had a female president, Grace decides to be the first.



Children's Literature

The Best Kid Lit on Bias, Diversity and Social Justice.

Resources for Parents and Families

TOOLS AND STRATEGIES

Elections, Gender and Bias

Discuss the 2020 presidential election and the extent to which sexism plays a role in this unprecedented campaign. *(Ages 10 and up)*





TOOLS AND STRATEGIES

Women's Soccer Team Takes a Stand

Women in sports face a wide range of inequalities. Talk with your family about the lawsuit the U.S. women's soccer team filed against the federation that governs soccer in the U.S., which cites "institutionalized gender discrimination." (*Ages 10 and up*)



Jamie Smed / CC BY 2.0

TOOLS AND STRATEGIES

Kids, Allowance and Gender

A survey showed that in U.S. families, boys are paid twice as much allowance as girls for doing weekly chores. Have a discussion with your youth about the "gender

allowance gap" and their thoughts about chores and allowance in your home. (*Ages 7 and up*)



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TOOLS AND STRATEGIES

Sexual Harassment in the News

In October 2017, Harvey Weinstein, a powerful producer in the movie industry for decades, was accused of sexual harassment by more than thirty women. Use these tips and strategies to discuss with youth their thoughts, experiences and how they can support others. (*Ages 12 and up*)





Steve Isaacs | Twitter

BLOG

Sexual Harassment and the Next Generation: How to Talk with Young People

A blog about sexual harassment and what schools can do to address the issue.



Steve Isaacs | Twitter

TOOLS AND STRATEGIES

How Can I Prevent Gender Bias in Young Children?

The foundation for gender identity formation gets established during the preschool years (Derman-Sparks and Edwards, 2010, 91). By age three, although most children can identify...

How Sexist Name-Calling Hurts All of Us

This is a blog about sexist name-calling and the public disparaging directed towards women that impacts all of us, especially young people.



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What Are Examples of Children's Books That Break Gender Stereotypes?