Rosalind's Classroom Conversations

Rosalind Wiseman, best selling book author and bullying prevention specialist, joins forces with ADL to provide this timely resource for educators. **Rosalind's Classroom Conversations** includes features on bullying, current events and the social and emotional development of children.

Rosalind Wiseman has had only one job since graduating from college—to help communities shift the way we think about children and teens’ emotional and physical wellbeing. As a teacher, thought leader, author and media spokesperson on teen culture, bullying, ethical leadership, the use of social media and media literacy, she is in constant collaboration and dialogue with educators, parents,
children and teens. Rosalind is the founder of *Cultures of Dignity*, the author of the curriculum, *Owning Up: Empowering Adolescents to Confront Social Cruelty, Bullying and Injustice* and a multiple New York Times' bestselling author including *Queen Bees & Wannabes* (which was the basis for the movie and Broadway musical Mean Girls) and *Masterminds & Wingmen*. Rosalind publishes in TIME, CNN, and the Washington Post among others and is a frequent guest on the Today Show, CNN, Good Morning America and National Public Radio. She lives in Boulder, Colorado with her husband and two sons.

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**Previous Classroom Conversations**

**TOOLS AND STRATEGIES**

**When the Aggressor and the Target are the Same Person**

An important lesson about how bullying situations can be very complex, especially when the outcome demands both increased understanding and accountability.

![Image of children in a classroom](iStock)
Caught! How to Reach Out to the Student in Trouble

Rosalind's essay discusses how student's decision "to tell" is complicated and strategies for how to reach out and support a young person who is "told on"—who gets in trouble.

In schools, we encourage young people to report when they see a classmate break a rule. Rosalind Wiseman talks about student reporting, why it's complicated and how to help students determine their personal reporting criteria.
As social media increasingly integrates into young people's social lives and influences their identity development, we have to regularly revise our tools to help students understand how they are processing these dynamics.

**TOOLS AND STRATEGIES**

**Social Media Armor: Are You Really What You Post?**

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**TOOLS AND STRATEGIES**

**Respecting the Dignity of Words**
Dignity, respect and courage are words with profound meaning, yet are not really understood or internalized by young people when taught anti-bias work in the classroom. Rosalind Wiseman offers a way to accomplish this.

Where Do We Get Our Courage?

You don’t start a fight but if someone starts one with you, you finish it. Rosalind Wiseman talks about finding the courage to continue fighting for the fair treatment of all in school and communities, even after Charlottesville.
Rosalind Wiseman talks about how educators need to be authentic. In order for students to take risks and feel comfortable sharing about sensitive and personal topics, educators need to challenge themselves in similar ways.

**TOOLS AND STRATEGIES**

**Walking the Talk is the Only Way**

Rosalind Wiseman talks about how educators need to be authentic. In order for students to take risks and feel comfortable sharing about sensitive and personal topics, educators need to challenge themselves in similar ways.

**TOOLS AND STRATEGIES**

**Risk Factor: The Truth about Dares**
When is it worth taking a “risk”? Rosalind Wiseman discusses the importance of appreciating different types of risk and people's motivations before lecturing students on impulse control and peer pressure.

Is a 6th grader chanting “Build a Wall” in his classroom a political statement or a deliberate act to intimidate other students in the class? Rosalind Wiseman talks about effective neutrality in facilitating student discussions.
Rosalind Wiseman discusses the increase use of the term “politically correct” in the classroom and the importance of removing it from conversations and using critical thinking skills and maturity to hear opinions that we passionately disagree with.

Beyond Blaming and Shaming: How to Learn From Our Digital Mistakes

Photos rarely show the moments that led up to the snapshot or provide insight into the motivations of the people involved. Rosalind Wiseman poses questions we should ask before we comment or criticize postings.
Words matter. Rosalind Wiseman suggests ways young people should evaluate their words and not say things to denigrate others just because it's "common" to say.

Better and more meaningful relationships between teachers and students build trust. That's a critical way teachers can create an educational environment where students feel welcome and acknowledged.
Reflecting on how you're responding to the dynamics between the students and then taking the time to really “see” what's going on between them will help you figure out how to be more effective in intervening in incidents of bullying.

**TOOLS AND STRATEGIES**

**Stop Tearing Your Hair Out: What To Do When Bullying Interventions Don’t Work**

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Welcome to High School: We Hate You

Rosalind Wiseman talks about shifting from orientation programs that involve time-honored traditions student leaders use to intimidate ninth graders to programs led by students who have been taught to exercise power positively and ethically.

Do No Harm: How to Intervene Without Making it Worse

No matter what we teach, our credibility and effectiveness as educators is based on authentic, meaningful, respectful engagement with each and every student. Rosalind Wiseman provides tips on what we shouldn't do and can co.
Rosalind Wiseman provides two lesson plan modifications that help teachers self-reflect and get motivated to dig deeper beyond the surface in order to improve teaching approaches to incidents of student ridicule and bullying.

TOOLS AND STRATEGIES

Obedience, Pledges and the Real Work of Building Credibility
Rosalind Wiseman provides two lesson plan modifications that help teachers self-reflect and get motivated to dig deeper beyond the surface in order to improve teaching approaches to incidents of student ridicule and bullying.

TOOLS AND STRATEGIES

Girls Got Game? Discussing Video Games and Stereotypes in the Classroom
As our online and real lives increasingly intertwine, educators should not make gender assumptions. Educators need to give students all the knowledge and skill to make both lives as civil, inclusive and respectful as possible.

**TOOLS AND STRATEGIES**

**Online Behavior: We’re Just As Bad As We Say Teens Are**

Adults abuse technology and get away with it. Educators have a responsibility to send a clear and direct message that those in power will follow the same rules as they enforce on students and others.
Rosalind Wiseman suggests it is our obligation to challenge ourselves if stereotyping and bias are empowering gossip to label and dehumanize any individual. She provides some things educators should keep in mind.

TOOLS AND STRATEGIES

The Power of Gossip

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TOOLS AND STRATEGIES

Making it Meaningful: Interrupting Biased Comments in the Classroom
What do you do if you think you hear one of your students make a racist, homophobic or sexist remark? Rosalind Wiseman looks at how well meaning teachers can contribute to the problem and discusses ways to do things differently.

“Boys are easy and girls are hard.” It’s one of the most common things we say about children and maybe one of the most damaging. Rosalind Wiseman suggests ways of creating a learning environment of inclusion, respect and dignity.
The Unspoken Messages of Dress Codes: Uncovering Bias and Power

Rosalind Wiseman discusses dress codes, their impact on gender, the socioeconomic implications of them and why it's important to clearly communicate to and help students understand why the rules are in place.

League of Lessons: Why Gaming Matters

Educators have an obligation to know about the incredibly diverse world of gaming. It is a critical point of entry to youth culture and can be used to build relationships with many of our students, especially those who are difficult to reach.
The real goal isn't to receive forgiveness. It is to go through the process of doing your best to make amends. Rosalind Wiseman provides strategies on how students can recognize fake apologies and accept sincere ones.
Rosalind Wiseman's classroom essay on how to have conversations with youth about bullying that are more productive and what resources are available to assist in bullying prevention.