No Name-Calling Week

As we participate in No Name-Calling Week January 17–21, 2022 sponsored by GLSEN (Gay, Lesbian and Straight Education Network), below are educational resources to help you create a safe and inclusive learning environment for all students, teach students to understand and counter bias and bullying and inspire young people to do something about the name-calling and bias they see in their classrooms, schools and world.

Educational Resources

GLOSSARY TERMS

Definitions Related to Name-Calling, Bullying and Bias

Definitions relating to bias and bullying associated with ADL's educational anti-bias programs and resources for educators, parents and family members.

TOOLS AND STRATEGIES

6 Ways to Be an Ally (en Español)

Six simple things youth can do to be an ally to targets of name-calling and bullying.
Tools and Strategies

Bullying and Cyberbullying Prevention Strategies and Resources

Resources, strategies and tips for educators and parents/families on bullying and cyberbullying prevention.

Creating an Anti-Bias Learning Environment

Tips for the classroom educator to create an anti-bias learning environment.
TOOLS AND STRATEGIES

Guidelines for Achieving Bias-Free Communication

Be aware of words, images and situations that suggest that all or most members of a group are the same. Stereotypes often lead to assumptions that are unsupportable and...

TOOLS AND STRATEGIES

10 Ways Youth Can Engage in Activism

Our country has a long history of youth-led movements that brought about significant social change. Young people have advocated for child labor laws, voting rights, civil rights and more. Here are ideas for bringing social activism into the classroom and outside of the school walls.
The Question Corner provides a collection of answers to frequently asked questions about anti-bias issues faced by early childhood professionals and family members.

**TOOLS AND STRATEGIES**

**Early Childhood FAQs**

The Question Corner provides a collection of answers to frequently asked questions about anti-bias issues faced by early childhood professionals and family members.

**TOOLS AND STRATEGIES**

**11 Ways Schools Can Help Students Feel Safe in Challenging Times (en Español)**

In recent years, we have seen alarming images and biased language in schools and universities. Use these prevention, intervention and education strategies to promote
inclusive school environments where young people can learn, thrive and become their best selves.

Tools and Strategies

Moving from Safe Classrooms to Brave Classrooms

Classroom guidelines established around a framework of safety don’t always help those who feel marginalized brave enough to express strong feelings and ideas. Learn how to create brave spaces instead of just safe ones.
Let’s Get It Right: Using Correct Pronouns and Names

Educator resource about using accurate pronouns and names to convey understanding and respect for all people, especially for those who are transgender, gender non-conforming and non-binary.

Curriculum Resources

LESSON PLAN

Identity-Based Bullying

ELEMENTARY SCHOOL, MIDDLE SCHOOL

This lesson plan helps elementary and middle school students define and understand identity-based bullying and explore potential solutions.
LESSON PLAN

What is Weight Bias?

MIDDLE SCHOOL

This lesson will provide an opportunity for middle school students to discuss and define weight bias, identify stereotypes about overweight and obese people and explore what can be done about weight bias in their classroom, school and society at large.
A two-part lesson that provides middle and high school students an opportunity to critically examine certain media forms and their portrayals of women and girls.

LESSON PLAN

Microaggressions In Our Lives

This lesson provides an opportunity for high school students to explore what microaggressions are, how they have experienced them and what can be done to counteract them.
Students Teaching About Racism in Society (STARS), Ohio University Athens, OH

LESSON PLAN

Don't Let Hate Ruin the Fun: Youth and Online Games

MIDDLE SCHOOL, HIGH SCHOOL

Help students in grades 7-12 learn about people's experiences with online gaming and consider possible actions that different constituencies can take to reduce and prevent hate and harassment in online gaming.
Hair, Identity and Bias

This middle school lesson provides an opportunity for students to reflect upon the important aspects of their own identity, learn more about the policy and situation at Mystic Valley Regional Charter School and consider their points of view about the school policy.

LESSON PLAN

Beyond Stigma and Stereotypes: What is Homelessness?

This middle school lesson provides an opportunity for students to gain an understanding of who is homeless, the reasons people become homeless and the ways in which homeless people are victims of violence and harassment. Students will also explore how, as a society, we stigmatize and stereotype people who are homeless.
Rosalind's Classroom Conversations

TOOLS AND STRATEGIES

**Every Conflict Isn't Bullying**

Rosalind Wiseman's classroom essay on how to have conversations with youth about bullying that are more productive and what resources are available to assist in bullying prevention.

**Making it Meaningful: Interrupting Biased Comments in the Classroom**
What do you do if you think you hear one of your students make a racist, homophobic or sexist remark? Rosalind Wiseman looks at how well meaning teachers can contribute to the problem and discusses ways to do things differently.

**TOOLS AND STRATEGIES**

**The Power of Real Apologies in a Fake Apology World**

The real goal isn’t to receive forgiveness. It is to go through the process of doing your best to make amends. Rosalind Wiseman provides strategies on how students can recognize fake apologies and accept sincere ones.
Books for Children and Young Adults

**Confessions of a Former Bully**

After Katie gets caught teasing a schoolmate, she's told to meet with Mrs. Petrowski, the school counselor, so she can make right her wrong and learn to be a better friend.

**Each Kindness**

Chloe doesn't really know why she turns away from the new girl, Maya, when Maya tries to befriend her and every time Maya asks if she can play with Chloe and the other
Separate Is Never Equal: Sylvia Mendez and Her Family’s Fight for Desegregation

Sylvia Mendez and her brothers are excited to attend the neighborhood schools but are turned away and told they have to attend the Mexican school instead.

The Year of the Rat
The Year of the Rat brings many changes for Pacy: her best friend moving away, dealing with the prejudice directed toward a new student from China and learning to face some of her own flaws.

CHILDREN'S LITERATURE

Wonder

August (Auggie) Pullman was born with a facial deformity that has prevented him from attending a mainstream school—until now.
Ever since Ellie wore a whale swimsuit and made a big splash at her fifth birthday party, she’s been bullied about her weight.

When Sally takes a chance and stands up to the bullying, she finds that one small girl can make a big difference.
Areli is a Dreamer

When Areli was just a baby, her mama and papa moved from Mexico to New York with her brother, Alex, to make a better life for the family--and when she was in kindergarten, they sent for her, too.

I Walk with Vanessa

This simple yet powerful wordless picture book tells the story of one girl who inspires a community to stand up to bullying.
I Talk Like a River

When a boy who stutters feels isolated, alone, and incapable of communicating in the way he’d like, a concerned and compassionate father and a walk by the river helps him find his voice.