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Education Resources on Immigration, Immigrants and Anti-Immigrant Bias



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The following education resources include lesson plans, children's books, teaching tips and strategies, discussion guides for parents/family members and civil rights resources to help educators, parents and family members, and others provide background and address the topics of immigration, immigrants and anti-immigrant bias and discrimination.

Lesson Plans

LESSON PLAN

Understanding and Analyzing "The U.S. of Us" by Richard Blanco

How does the Latinx community feel about living in the U.S.? Students analyze Richard Blanco's poem, "The U.S. of Us," in the context of immigration policy and rhetoric.



LESSON PLAN

Conditions in Detention Centers at the U.S. Border

HIGH SCHOOL

The humanitarian crisis at the U.S. border has worsened. Use this lesson to explore with students the experiences of migrants seeking asylum, the conditions of the detention facilities and identify actions to address the crisis.





OIG

LESSON PLAN

Census Question Controversy

MIDDLE SCHOOL, HIGH SCHOOL

The Justice Department's request to add citizenship question to the 2020 Census causes a great deal of controversy. In this lesson, students gain insight about the U.S. Census and the controversy by developing a potential School Census.



U.S. Census Bureau/CC BY-ND 2.0

LESSON PLAN

Huddled Mass or Second Class?: Challenging Anti-Immigrant Bias in the U.S.

This K-12 curriculum unit helps students understand the experiences of immigrants and the negative effects of anti-immigrant bias, appreciate the integral role that immigrants have always played in U.S. life and what they can do to challenge discrimination on personal and institutional levels.



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LESSON PLAN

'Migrant Caravan' and the People Seeking Asylum

HIGH SCHOOL

Help high school students understand political asylum as they explore the concept of a caravan and the stories of migrants fleeing persecution, poverty and violence.





Wotancito/CC BY-SA 4.0

LESSON PLAN

What Should Be Done about DACA?

MIDDLE SCHOOL, HIGH SCHOOL

Teach middle and high school students how they can voice their thoughts with Congress on what should be done about DACA and DREAMers. In this lesson, students learn about DREAMers/DACA recipients and reflect on what it means to be “American.”



Official White House Photo by Pete Souza

LESSON PLAN

Sanctuary Cities and Non-Violent Resistance

This lesson teaches high school students the meaning, purpose and outcomes of sanctuary cities and nonviolent resistance, both currently and throughout history. Students develop a call-to-action speech for implementing nonviolent resistance related to issues important to them.



Carlos Amador / CC BY-NC 2.0

LESSON PLAN

We Were Strangers Too: Learning about Refugees through Art

MIDDLE SCHOOL, HIGH SCHOOL

This lesson uses artwork produced by artists all over the world to help middle and high school students deepen their understanding of the refugee crisis and promote empathy for what it means to be a “stranger.”





Artist: Karl Tani

LESSON PLAN

What is the Dream Act and Who Are the Dreamers?

HIGH SCHOOL

In this lesson, high school students learn about the DREAM Act—its background, history, current status—and reflect on different perspectives about it as well as develop their own.



Carlos Amador / CC BY-NC 2.0

LESSON PLAN

Who Are the Children at Our Border?

This lesson provides middle and high school students an opportunity to learn about the unaccompanied children at our border, reasons why they seek entry to the United States and reflect on what to do about this situation.



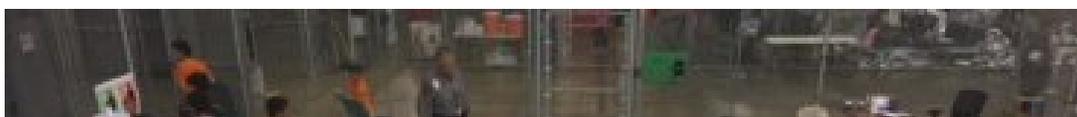
US Customs and Border Protection, Hector Silva

LESSON PLAN

Why Are Families Being Separated and Detained at the Border?

HIGH SCHOOL

Family separations and detentions are happening at the U.S. border. This lesson plan helps students understand the issue, learn about asylum and consider their own opinions.





U.S. Customs and Border Control

Resources for Educators, Parents and Family Members

TOOLS AND STRATEGIES

6 Ways to Be an Ally (en Español)

Six simple things youth can do to be an ally to targets of name-calling and bullying.



TOOLS AND STRATEGIES

Family Separations and Detentions at the Border

There have been horrific stories of children being ripped from their parents at the border. Discuss with your youth what they have heard, how they feel about the situation, what it means to seek asylum and how they can help.





U.S. Customs and Border Control

TOOLS AND STRATEGIES

Helping Students Make Sense of News Stories about Bias and Injustice

When there are national news stories that involve incidents of bias and injustice, young people want to be part of the conversation.



Loavesofbread

BLOG

Listen to the Voices of Immigrant and Muslim Youth

It is important to listen to voices of young immigrants in order to understand their fears, their experiences, their plight and their humanity so that we can promote school communities that respect, protect and fight for them.



FACT SHEETS

Myths and Facts About Immigrants and Immigration (En Español)

Nine common claims about immigrants, and the truth.



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Refugees, Reactions and World Response

Refugees from Syria have been leaving their homes in search of safety and assistance. Use these tips and strategies to have family conversations with youth about the refugee crisis.



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TOOLS AND STRATEGIES

What is DACA and Who Are the DREAMers?

Have a family discussion about the Deferred Action on Childhood Arrivals (DACA) program, what it means to be 'American' and the consequences when DACA is eliminated.





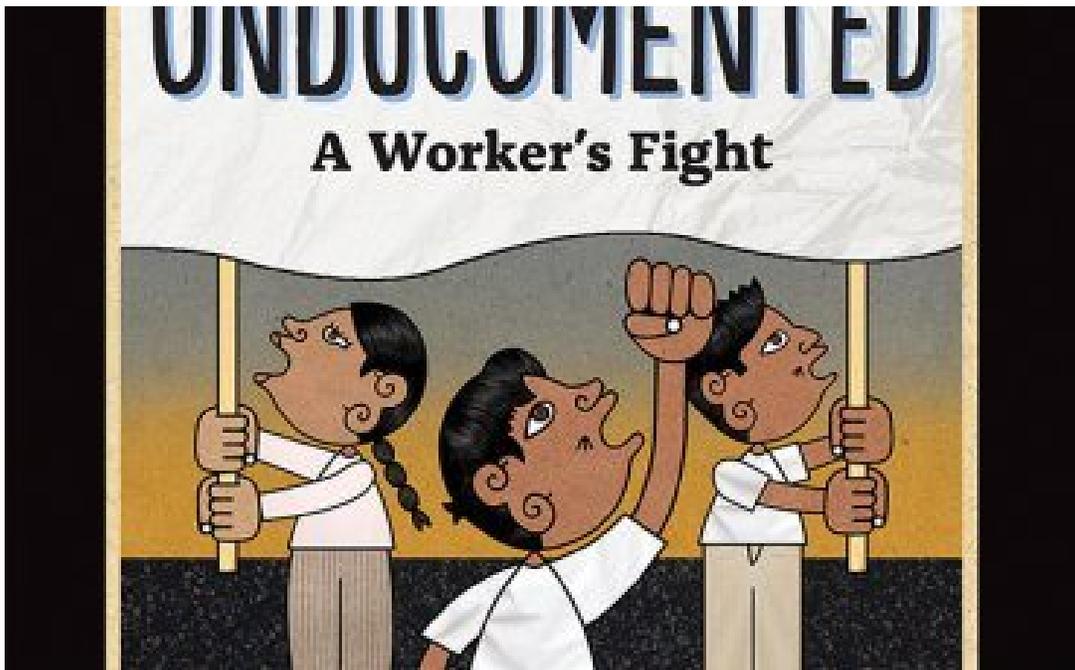
Official White House Photo by Pete Souza

Children's Literature

CHILDREN'S LITERATURE

Undocumented: A Worker's Fight

Juan grew up in Mexico working in the fields to help provide for his family. Struggling for money, he crosses over into the U.S. and becomes an undocumented worker, living in a poor neighborhood, working hard to survive.



CHILDREN'S LITERATURE

Dreamers

This book is an exploration of what people who are immigrants bring with them when they leave their homes.



CHILDREN'S LITERATURE

Amina's Voice

While Amina, a Pakistani-American middle school student, grapples with questions of friendship and identity, she is devastated when her local mosque is vandalized. This book highlights the many ways in which one girl's voice can help bring a diverse community together.



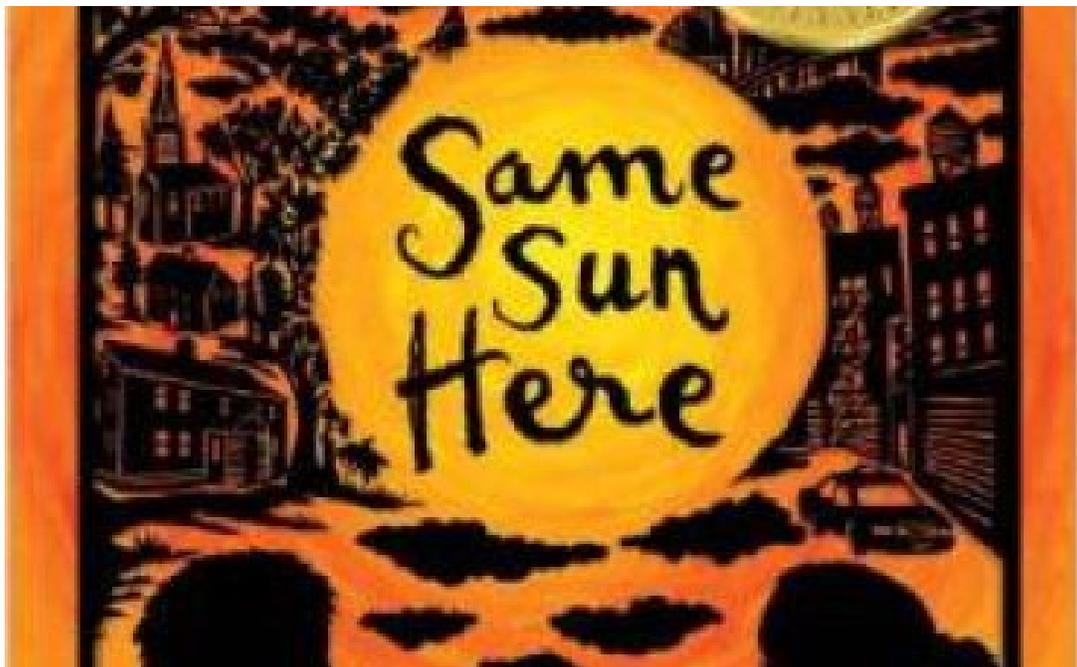
Gaby, Lost and Found

When Gaby Ramirez Howard starts volunteering at the local animal shelter, she takes special pride in writing adoption advertisements. Gaby is in need of a forever home herself because her mother recently was deported to Honduras.



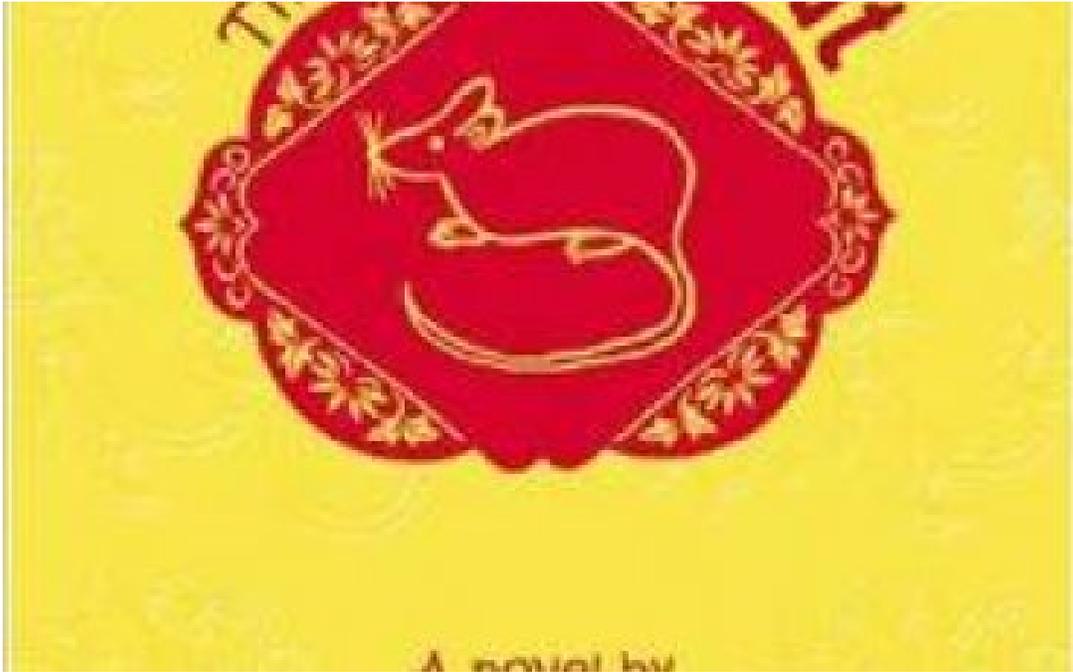
Same Sun Here

With honesty and humor and narrated in two voices, Meena and River bridge the miles between them, creating a friendship that inspires bravery and defeats cultural misconceptions.



The Year of the Rat

The Year of the Rat brings many changes for Pacy: her best friend moving away, dealing with the prejudice directed toward a new student from China and learning to face some of her own flaws.



Civil Rights Resources

ARTICLE

ADL's Commitment to Meaningful Immigration Reform

Through legislative advocacy, litigation and public awareness campaigns, the Anti-Defamation League (ADL) has promoted fair and humane immigration policies since its founding in...

REPORTS

Mainstreaming Hate: The Anti-Immigrant Movement in the U.S.

Anti-immigrant fervor, once relegated to more extreme quarters, has been increasingly mainstreamed over the last ten years. Over the last two years, with the advent of a new administration focused on much stricter immigration policies and complementary executive actions, anti-immigrant and anti-refugee sentiment has made life substantially more difficult for all immigrants. Read ADL's latest report.

