Resources to Address and Challenge Antisemitism

The topic of antisemitism is complex, deeply historical and has a myriad of elements to it. Antisemitism is not only about defaming and attacking the Jewish community; it is a symptom of a larger issue. While antisemitism has sometimes escalated to violence as we saw at the Tree of Life Synagogue shooting, it more often appears in subtler ways, such as insensitive remarks or “jokes” that are brushed off, or negative stereotypes that go unchallenged.

Today, Jewish young people are regularly experiencing antisemitic comments, taunts, harassment, hate speech and graffiti in the halls and classrooms of their schools, in their neighborhoods and communities, and in their digital spaces. We
can address this by teaching young people the values of mutual respect and equity and how to act as an ally when they see bias of any kind.

Below are education resources you can use in your classroom and home to help young people understand and challenge antisemitism.

**Lesson Plans on Antisemitism**

**LESSON PLAN**

*Antisemitic Incidents: Being an Ally, Advocate and Activist*

MIDDLE SCHOOL, HIGH SCHOOL

The surge of antisemitic incidents in the United States is alarming to many. Middle and high school students examine incidents and explore ways to be an ally and how these actions, whether on a large or small scale, can make a difference.

**LESSON PLAN**

*Antisemitism Around the World: Global 100*

HIGH SCHOOL

Help high school students understand antisemitism by exploring antisemitic attitudes and stereotypes by people around the world using ADL's Global 100 website.
LESSON PLAN

Challenging Antisemitism: Debunking the Myths and Responding with Facts

ELEMENTARY SCHOOL, MIDDLE SCHOOL, HIGH SCHOOL

This multi-grade curriculum unit provides students with a basic understanding of Judaism and the cultural, historical and religious aspects of the U.S. Jewish community and ways to effectively respond to antisemitic incidents.

LESSON PLAN

The Alt Right and White Supremacy
High school lesson plan to help students learn about the alt right and explore historical and current day examples of white supremacy.

LESSON PLAN
Deadly Shooting at the Tree of Life Synagogue

In the wake of the Tree of Life Synagogue deadly shooting, students explore the rise of antisemitic incidents nationwide, how the escalation of hate operates and how allyship can make a difference.
Holocaust education programs provide education and resources to help educators and students study the history of the Holocaust.

LESSON PLAN

Swastikas and Other Hate Symbols
HIGH SCHOOL

High school students consider the significance of symbols in our society and explore what can be done about the prevalence of hate symbols.
LESSON PLAN

On the Rise: Antisemitism in Europe

HIGH SCHOOL

With an alarming rise of antisemitism in Europe, help students understand and identify antisemitism and explore what can be done about it in Europe.

Parent and Family Resources for Discussing Antisemitism with Young People
Antisemitism Today

This family discussion guide shares current information about the state of antisemitism in the U.S. today. (Ages 12 and up)

TOOLS AND STRATEGIES

Gun Violence and Mass Shootings

Tips and strategies for parent and family roundtable discussion with youth about mass shootings, violence, guns and gun laws. (Ages 12 and up)
Tips and strategies for parent and family roundtable discussion with youth about the deadly shooting at the Tree of Life Synagogue in Pittsburgh, PA, antisemitism and hate.  

(Ages 12 and up)

**TOOLS AND STRATEGIES**

**Shooting at a Pittsburgh Synagogue**

Tips and strategies for parent and family roundtable discussion with youth about the deadly shooting at the Tree of Life Synagogue in Pittsburgh, PA, antisemitism and hate.  

*(Ages 12 and up)*

**Hate Symbols**
We see symbols every day in all aspects of our lives. Lately, a proliferation of hate symbols is increasing concern. Use this discussion guide to engage youth in conversations about swastikas and other hate symbols. (Ages 13 and up)

TOOLS AND STRATEGIES

Slurs and Biased Language (en Español)

Slurs and other biased language have become commonplace. What are they and how can we address them in order to prevent the next generation from perpetuating this offensive language? (Ages 10 and up)
Teaching Tools and Strategies

TOOLS AND STRATEGIES

**Pyramid of Hate (en Español)**

A visual of a pyramid which shows biased behaviors, growing in complexity from the bottom to the top.

![Pyramid of Hate](image)

**Blog**

**Discussing Anti-Semitism: A Guide for Reflection and Conversation**

In 2019, ADL recorded 2,107 antisemitic incidents across the U.S., the highest number in the forty years that ADL has tracked such incidents. The record number of incidents came as the Jewish community grappled with vicious antisemitic attacks against communities in Poway, Jersey City and Monsey, and a spree of violent assaults in Brooklyn..
When there are national news stories that involve incidents of bias and injustice, young people want to be part of the conversation.

Tools, tips and strategies for what educators and family members can do to help young people discuss and deal with the aftermath of hate-inspired events.

Empowering Young People in the Aftermath of Hate (In English and en Español)

Tools, tips and strategies for what educators and family members can do to help young people discuss and deal with the aftermath of hate-inspired events.
On a daily basis—in the lunchroom, at the grocery store, in school hallways and even at home—people hear and sometimes use words and phrases that demean or ridicule. Here are some strategies for responding.

Reports and Backgrounders on Antisemitism

Audit of Antisemitic Incidents: Year in Review 2020
Antisemitism Uncovered: A Guide to Old Myths in a New Era
This guide is a comprehensive resource with historical context, fact-based descriptions of prevalent antisemitic myths, contemporary examples and calls-to-action for addressing this hate.

A Brief History of Antisemitism
This backgrounder provides information on the worldwide persistence and contemporary manifestations of antisemitism in society today.