Challenging Anti-Asian Bias and Acting as an Ally

Amidst the increase in anti-Asian rhetoric, bullying in schools, racist incidents, scapegoating and hate crimes impacting Asian and Asian American people, this is an important opportunity to have conversations with young people about the history of violence and injustice. In addition, this time also provides an opening to engage students in learning more about the history and background of the AAPI community and how to act as an ally when you see, witness or experience bias and injustice.

The following resources for students, schools, classrooms and families can help to open those conversations.

Resources for Educators and Students
LESSON PLAN

Coronavirus and Infectious Racism

Student-Facing Online Learning

MIDDLE SCHOOL, HIGH SCHOOL

Student activities they can do at home to expand their understanding of how the Coronavirus pandemic is increasing racism against people who are of Chinese or Asian descent and how to take action.

The fear and anxiety around the coronavirus is having an impact on schools and communities and resulting in misinformation and scapegoating.

The Coronavirus Surfaces Fear, Stereotypes and Scapegoating

The fear and anxiety around the coronavirus is having an impact on schools and communities and resulting in misinformation and scapegoating.
This lesson plan helps elementary and middle school students define and understand identity-based bullying and explore potential solutions.

LESSON PLAN

Identity-Based Bullying

ELEMENTARY SCHOOL, MIDDLE SCHOOL

LESSON PLAN

Microaggressions In Our Lives

Bigstock
This lesson provides an opportunity for high school students to explore what microaggressions are, how they have experienced them and what can be done to counteract them.

Students Teaching About Racism in Society (STARS), Ohio University Athens, OH

TOOLS AND STRATEGIES

A Guide for Responding to School-Based Bias Incidents

Educators and school administrators, use this toolkit to help strengthen your responses to school-based incidents of bias and bigotry.
TOOLS AND STRATEGIES

6 Ways to Be an Ally (en Español)

Six simple things youth can do to be an ally to targets of name-calling and bullying.

LESSON PLAN

Voices of Japanese-American Internees

HIGH SCHOOL

Using video histories of Japanese-American internees during World War II, this curriculum unit provides an opportunity for high school students to use this dark
period in U.S. history to reflect on the dangers of stereotyping, prejudice and racial and ethnic discrimination, so as not to repeat history.

Resources for Families

TOOLS AND STRATEGIES

COVID-19 and Societal Inequities

Discuss how societal inequities are highlighted and perpetuated by the impact of the Coronavirus. (Ages 10 and up)
Slurs and other biased language have become commonplace. What are they and how can we address them in order to prevent the next generation from perpetuating this offensive language? *(Ages 10 and up)*

What is Everyday Bias?

We are seeing more and more news and social media stories about people experiencing bias as they go about their daily lives. Here are some tips and strategies for parent and family roundtable discussion with youth about incidents of everyday bias. *(Ages 11 and up)*
Tools and Strategies

6 Ways to Be an Ally (en Español)

Six simple things youth can do to be an ally to targets of name-calling and bullying.

Children’s and Young Adult Literature

Fish For Jimmy: Inspired by One Family’s Experience in a Japanese American Internment Camp

For two brothers in a Japanese-American family, everything changed when Japan bombed Pearl Harbor and the United States went to war.
CHILDREN'S LITERATURE

Front Desk

It will take all of Mia's courage, kindness and hard work to get through this year. Will she be able to hold on to her job, help the immigrants and guests, escape Mr. Yao and go for her dreams?

The Year of the Rat

The Year of the Rat brings many changes for Pacy: her best friend moving away, dealing with the prejudice directed toward a new student from China and learning to
face some of her own flaws.

**Juna's Jar**

Determined to find her friend Hector who unexpectedly moved away, Juna turns to her special kimchi jar for help each night, plunging into the depths of the ocean in search of her friend.

**A Map into the World**
Paj Ntaub, a young Hmong girl, moves into a new home with her family. As the seasons change, so too does her world as she encounters both birth and death.