

Mini-Lesson: What is Bias?

Short Online Experience to Learn about this Core Topic



LOAD MINI-LESSON

About the Mini-Lesson

Where does bias come from? In this mini-lesson you will explore the differences between explicit and implicit bias and how to challenge it in our everyday lives.

ADL's mini-lessons are short, interactive, online lessons for educators to learn about a core ADL topic, theme or activity.

Objectives

This self-paced micro-lesson will enable you to:

- Define explicit and implicit bias and recognize how it impacts behavior.
- Experience the science behind bias.
- Learn how to interrupt bias.

Length

15 minutes. Move at your own pace, pausing and resuming as needed.

Requirements

Be sure you have audio capability to hear voice over explanations.