Mini-Lesson: Microaggressions
Short Online Experience to Learn about this Core Topic

About the Mini-Lesson
What are microaggressions? This mini-lesson will help you to explore what microaggressions are, how they are experienced, and what can be done to address them.

ADL's mini-lessons are short, interactive, online lessons for educators to learn about a core ADL topic, theme or activity.
Objectives
This self-paced micro-lesson will enable you to:

- Learn what microaggressions are and how they occur in our everyday lives
- Explore ways you and your students can counteract microaggressions on an individual and societal level.

Length
15 minutes. Move at your own pace, pausing and resuming as needed.

Requirements
Be sure you have audio capability to hear voice over explanations.