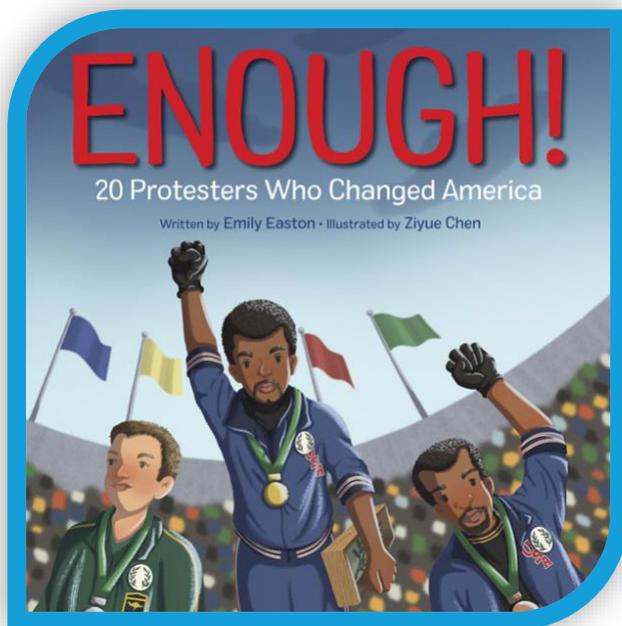




Book of the Month

Presented by ADL's Education Department

About the Book of the Month Parent/Family Discussion Guide: This collection of featured books is from Books Matter: The Best Kid Lit on Bias, Diversity and Social Justice. The books teach about bias and prejudice, promote respect for diversity, encourage social action and reinforce themes addressed in education programs of [A World of Difference® Institute](#), ADL's international anti-bias education and diversity training provider. For parents, guardians and family members, reading the books listed on this site with your children and integrating the concepts into your interactions with them is an excellent way to help children grapple with and learn about these important principles.



Enough! 20 Protesters Who Changed America

Emily Easton (Author), Ziyue Chen (Illustrator)

ISBN: 978-1984831972

Publisher: Crown Books for Young Readers

Year Published: 2018

Age Range: 5–8

Book Themes

Activism, Diversity, Social Change

About the Book

The U.S. has been molded and shaped by those who have taken a stand and said they have had enough. In this dynamic picture book, stand alongside the nation's most iconic civil and human rights leaders, whose brave actions rewrote history. Join Samuel Adams as he masterminds the Boston Tea Party, Ruby Bridges on her march to school, Colin Kaepernick as he takes a knee, and the multitude of other U.S. activists whose peaceful protests have ushered in lasting change. The book includes short bios about each protester to provide additional context about their respective movement and the form of protest they used.

Conversation Starters

Whether you read the book aloud or children read it on their own and you discuss it later, use these open-ended questions to deepen the conversation. Remember not to judge their responses and to listen

thoughtfully and engage in a give-and-take that helps them expand upon their understanding of the book and its themes.

- What is the book about?
- Have you heard of any of the activists highlighted in the book? If so, who?
- What is something all of the activists have in common? How are they different?
- Do you know anyone who is a protester or activist? What do they do?
- If you were going to go to a protest or engage in activism, what issue would you focus on and what would you do?
- What do you think feels good about being an activist?
- What do you think is difficult about being an activist?
- What did you learn that you didn't know before by reading this book?
- If you could tell one of the activists from the book something, what would you tell them?
- What do you think is the overall message of the book?

Talking Points

Below are some important considerations to highlight in order to make this a learning opportunity for your child and your family.

1. Activism and Protest

Talk with your child about what it means to be an activist; you can define **activist** as a person who uses or supports actions such as protests to help make changes in politics or society. You can explain that people engage in activism when they feel something is unfair or unjust and want to do something about it; they often do this with other people. Elicit from them all the different ways in the book that people engaged in activism, the different time periods, issues addressed and the many different strategies they used to make a difference. Share with your child situations or times when you have engaged in activism and talk about something you might do together about an issue you care about. Convey the message that when we see something unfair, unjust or inhumane—whether it's something small in our school/community or on a larger scale like racism or voting rights—we can do something about it. You can use ADL's [10 Ways Youth Can Engage in Activism](#) to talk about different strategies, both large and small.

2. Issues That Are Important to Me

Talk with your child about some of the issues referenced in the book that are highlighted (e.g., slavery, women's right to vote, civil rights, school desegregation, workers' rights, gun violence, racism). Ask them what issues of unfairness or injustice they see or experience at school (e.g., bullying), in their community (e.g., lack of services/accommodation for people with disabilities) or in our country/society (e.g., police brutality). Explain that the book covers a variety of issues that have been historically and are currently important to people and were reasons people engaged in activism. You can share that while it is difficult to focus on every single issue, it is important to be aware of a range of issues in society that are in need of repair. At the same time, reflect on the issues that are most important to them (and us as family) so we can bring our focused energy and passion to that issue. If you have engaged in activism yourself or as a family, highlight those issues and stress that even seemingly small things like calling or writing to your member of Congress are good examples of doing something to make a difference.

3. Diversity

Throughout the book, we learn about different people throughout our country's history that have been engaged in activism. We see that during different time periods—from our country's founding to present day—that people from different walks of life on a range of different issues came together and fought to make a difference and change society. Ask your child to reflect on the different people highlighted in the book, which represents a vast diversity of issues, time periods, walks of life and strategies. You can also talk with your child about the different identity groups that are reflected by the activists in the book: different ages, races/ethnicities, sexual orientation, gender and gender identities, religions, etc. Emphasize that one of the messages of the book is that people's passion for doing something about the unfairness and injustice they see in the world is universal. It began with the founding of the country and it continues today.

Other Books You May Like

Malala's Magic Pencil by Malala Yousafzai, www.adl.org/education/educator-resources/childrens-literature/malalas-magic-pencil

Separate Is Never Equal: Sylvia Mendez and Her Family's Fight for Desegregation by Duncan Tonatiuh, www.adl.org/education/educator-resources/childrens-literature/separate-is-never-equal-sylvia-mendez-and-her

She Persisted: 13 American Women Who Changed the World by Chelsea Clinton, www.adl.org/education/educator-resources/childrens-literature/she-persisted-13-american-women-who-changed-the

We March by Shane W. Evans, www.adl.org/education/educator-resources/childrens-literature/we-march

ADL Additional Resources

The following are curriculum and resources on activism, diversity and social change.

Curriculum Resources

Social Justice Poetry, www.adl.org/education/educator-resources/lesson-plans/social-justice-poetry.

Who Am I? Identity Poems, www.adl.org/education/educator-resources/lesson-plans/who-am-i-identity-poems.

Websites

10 Ways Youth Can Engage in Activism

www.adl.org/education/resources/tools-and-strategies/10-ways-youth-can-engage-in-activism

A list of ideas for bringing social activism into the classroom and outside of the school walls. These strategies can be acted upon individually, organized together as a group and young people can join with a larger effort that is taking place locally or nationally.

Parent, Family and Caregiver Resources

www.adl.org/education/resources/tools-and-strategies/parent-family-and-caregiver-resources

Strategies, tips, guiding principles and resources to help parents, family members and caregivers impart values and principles to the children in their lives.

The Question Corner: Early Childhood FAQs

www.adl.org/education/resources/tools-and-strategies/question-corner

A collection of answers to frequently asked questions about anti-bias issues faced by early childhood professionals and family members interested in promoting respect for diversity among young children.

Table Talk: Family Conversations about Current Events

www.adl.org/education/resources/tools-and-strategies/table-talk

Provides the tools parents and family members need to engage their families in conversations about important news stories and other timely discussions about societal and world events. Includes discussion guides containing a topic summary, questions to start the conversation and dig deeper, ideas for taking action and additional resources.

Children's Books

Below are links to lists of recommended anti-bias and multicultural books for the indicated category.

People, Identity and Culture, [www.adl.org/education-and-resources/resources-for-educators-parents-families/childrens-literature?childrens-lit-select-all-7=1&tid\[201\]=201&tid\[202\]=202&tid\[203\]=203&tid\[204\]=204&tid\[205\]=205&tid\[206\]=206&tid\[207\]=207&tid\[208\]=208&tid\[209\]=209&tid\[210\]=210&tid\[211\]=211&tid\[212\]=212&tid\[213\]=213&tid\[214\]=214&tid\[215\]=215](http://www.adl.org/education-and-resources/resources-for-educators-parents-families/childrens-literature?childrens-lit-select-all-7=1&tid[201]=201&tid[202]=202&tid[203]=203&tid[204]=204&tid[205]=205&tid[206]=206&tid[207]=207&tid[208]=208&tid[209]=209&tid[210]=210&tid[211]=211&tid[212]=212&tid[213]=213&tid[214]=214&tid[215]=215)

Social Justice, [www.adl.org/education-and-resources/resources-for-educators-parents-families/childrens-literature?childrens-lit-select-all-10=1&tid\[231\]=231&tid\[232\]=232&tid\[233\]=233&tid\[234\]=234&tid\[235\]=235&tid\[236\]=236&tid\[237\]=237](http://www.adl.org/education-and-resources/resources-for-educators-parents-families/childrens-literature?childrens-lit-select-all-10=1&tid[231]=231&tid[232]=232&tid[233]=233&tid[234]=234&tid[235]=235&tid[236]=236&tid[237]=237)