

“I don’t want
to see this.”

What you can do when
you see something you
don’t like on Facebook.

Facebook’s mission is
to give people the
power to share and
make the world more
open and connected.

Every day, people around the world share billions of things on Facebook. Sharing information and opinions invites meaningful conversation and debate, which can lead to greater understanding and progress. However, sometimes something a person wants to share is abusive or harmful to others who might see it. If you see something like this, there are a variety of tools available on Facebook to help.



Facebook’s Community Standards
outline what can and cannot be
shared on Facebook.

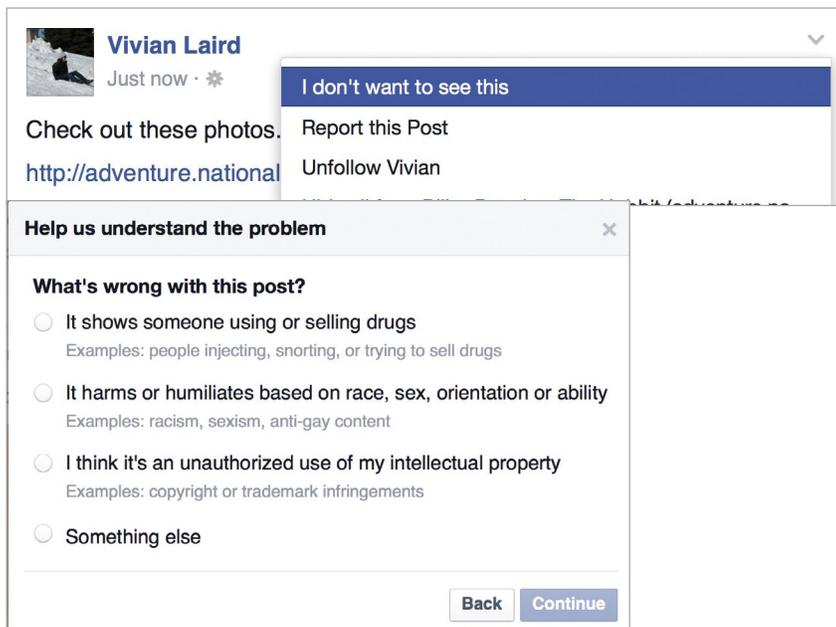
Hate speech is not allowed. On Facebook, hate speech is defined as content that *directly attacks people* based on their:

- Race
- Ethnicity
- Sex, gender or gender identity
- Sexual orientation
- National origin
- Religious affiliation
- Serious disabilities or diseases

Facebook strives to maintain an online environment free from hate speech. To do this, Facebook relies on people like you to **report** content that violates its policies. If you see something on Facebook that may be hate speech, you can report the content. When you report content that violates the Community Standards, Facebook removes it.

Learn more about our policies by visiting the [Community Standards](#).

Reporting a Photo or Post



Not all disagreeable or disturbing content you see violates the Community Standards; but Facebook offers several tools you can use to control and customize what you see:

Block

You can block friends or Pages from seeing what you post, contacting or bothering you.

Unfollow

If you don't want to see a friend's post in your News Feed, you can hide that story or all stories from that friend.

Unfriend

Unfriending someone means you will no longer be friends on Facebook. You won't automatically receive their updates in your News Feed, and they will only be able to see your public posts. If you unfriend someone, they will not be notified.

Social Reporting

If a friend posts something you don't like, you can send them a message asking them to take it down.

Reporting a Profile or Page

