

kulanu

SYNAGOGUES IN ACTION AGAINST ANTISEMITISM

Going deep into conversations takes some time, familiarity, and yes, fun, so we've included some ice breaker topics you can use at your gatherings. Rather than delve straight into the most personal topics, we've broken them into 3 levels from easiest to most challenging so that people can get comfortable with each other. Use one level or all three levels, but our suggestion is to start with "tip of the iceberg" questions; share them around the table or one-one.

Tip of the Iceberg:

Tell me the story of your name.

What's something you learned from a grandparent that you think of often?

What was the last thing you did that you'd never done before?

If you could freeze yourself at any age forever, what age would that be?

What was your childhood dream vacation?

If you could only bring one "memory" object to a desert island, what would it be?

What is something you learned recently that energized or inspired you?

If you wrote an autobiography, what would the title be?

At a celebration of a holiday or Shabbat service:

What's your favorite childhood ritual memory? Or, What's your favorite holiday?

Under The Surface:

Was your name or anyone in your family's name ever changed?

How did your grandparents share their knowledge with you?

Share something that happened that reminded you of one of your core values.

When was the last time you changed your mind about something?

What's an object you've kept throughout your life and why?

At a celebration of a holiday or Shabbat service:

How have your favorite holidays or rituals changed since you were a child?

What Lies Beneath:

Have you had an experience that made you rethink one of your core values?

How has antisemitism or other forms of bias and oppression affected your family (extended or self)?

What's the best thing you've ever done?

What do you think is the greatest opportunity you have to impact someone's life positively?

At a celebration of a holiday or Shabbat service:

How is your observance different from that of your previous generations?